20190710阅读训练

不必试图弄懂每个单词。锻炼找关键句来答题的能力。

我们的目的不是要看懂每句话,而是要答题:找出正确选项。适应在一些单词不懂的情况下解题。

可以用查个别词。但不要全文翻译。

课前要完成练习,直播课上讲解。

**Make Yourself More Attractive**

As individuals, we judge just about everything on appearance. But we do not just see, we also feel. We have feeling that run deep. Sometimes our emotions run hot, at other times cold. Though, often, we do not feel until we see.

When we see someone who looks good, our heart beats fast. When we see an attractive meal, we feel hungry. When we see a picture of a loved one who has passed on, we may begin to feel sad or lonely. Our eyes are more than just a visual perception （视觉感知）. They are the reflection of who we are.

They are many ways to improve our appearance. Smiling more is one of them. It will make less attractive people more pleasant. At the same time, smiling will make beautiful people appear to be more approachable. In addition to smiling, the less attractive should also work in achieving a more confident walk. People will be drawn to you because of the confidence that you show.

Do not take on the perceptions of others. Do not force yourself to become a product of how they see you. If you are extremely beautiful, do not be too proud. Be pleasant to all of those you come in contact with. Speak positive words to others. If you are less attractive, do not have any feelings of low self-esteem（自信）.

Someone once said “it is beauty which captures（抓住）your attention, personality which captures your heart.” Keep this in mind as you continue to perfect your outside. And remember that if you do not change your inside, all of your hard work will be in vain.

11. Paragraph 1 mainly talks about \_\_\_\_.

A. the role of seeing

B. the importance of feeling

C. features of good appearance

D. various types of emotions

12. The words “passed on” (Line 3, Para. 2) probably means \_\_\_\_\_\_\_.

A. died B. suffered C. walked past D. missed a chance

13. Smiling will make beautiful people \_\_\_\_\_\_.

A. have more achievements

B. improve their work

C. become easier to approach

D. do better in their shows

14. The author advises the extremely beautiful people to \_\_\_\_\_\_.

A. keep their pride

B. get to know more people

C. get rid of low self-esteem

D. be modest

15. The last paragraph suggests that \_\_\_\_\_\_.

A. hard work makes perfect personality

B. beauty is in the eyes of the loved one

C. personality is more important than appearance

D. it’s easier to improve the inside than the outside